„LOG IN BACK THE REAL LIFE"
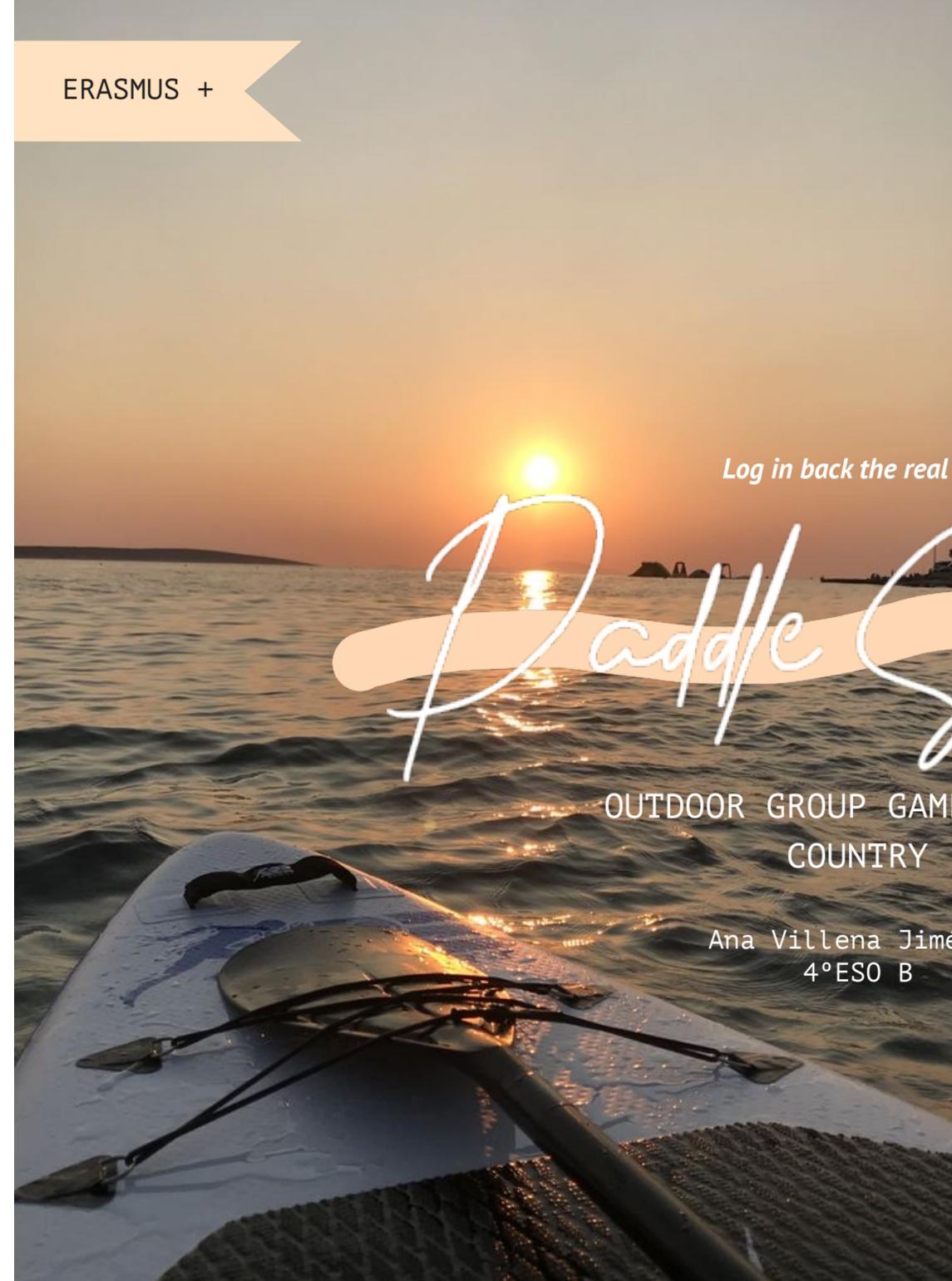Project ID: 2022-1-HU01-KA220-SCH-000087324

Log in back the real life

Paddle Surfing

OUTDOOR GROUP GAMES IN MY COUNTRY
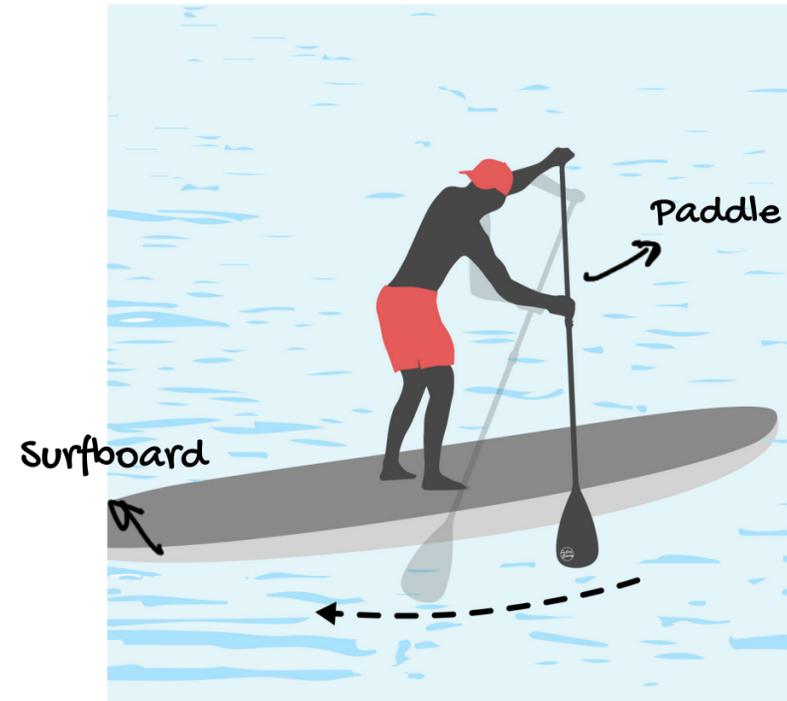
Ana Villena Jiménez
4ºESO B

WHAT'S THAT OF PADDLE SURFING AND HOW DO YOU DO IT?

📍 San Juan's beach, in Alicante

MATERIALS:

Paddle

Surfboard

Paddle surfing is defined as a sport in which we glide over any water surface (sea, rivers, lakes...), standing up on top of a surfboard, and moving thanks to the force that our arms will make on a paddle.

THE ORIGIN OF PADDLE SURFING

Its origin is attributed to Hawaii, on Waikiki beach in 1960.

Surf instructors (called beach boys) used canoe paddles to direct their groups; and at first, paddle surfing was practised only to keep fit on days when there were no waves.

It wasn't until the 1990s that it became popular.

THE EVOLUTION OF PADDLE SURFING

Surfing over time produces an evolution in both technical and material. However, the practice of Stand-up Paddle Surfing continued thanks to the advantages of keeping in shape on days without waves. In these conditions, surfing was practised with the help of a jet ski. Prestigious surfers from Hawaii in the early 2000s used this modality.

Paddle Surfing arrived in Spain in 2008. Nowadays, it has a lot of fans. Our paddle surfers have already approached the first places in international competitions.

FAMOUS PEOPLE

Xavi Masdevall

Xavi is one of the Paddle Surf mentors in Spain. In his curriculum, there are titles such as the Spanish Champion in 2009 and 2010, different positions of competition in Spain and the World of Stand Up Paddle Surf.

VIDEO

YouTube